BEAT WEST NILE VIRUS

5 EASY WAYS TO FIGHT THE BITE

1. **Apply mosquito repellent before you go outdoors – especially at dawn and dusk**
2. **Wear long sleeves and long pants outdoors – especially at dawn and dusk**
3. **Report recently dead birds (crows, hawks and jays) to Vector Control**
4. **Check for standing water outside your home once a week**
5. **Call Vector Control for free mosquito treatment (it's safe for people and pets) (858) 694-2888**

Text PEST to 75309

to receive community health alerts on your mobile phone or visit our mobile website at **sdvector.mobi**

SAFEGUARD YOURSELF, YOUR FAMILY AND YOUR NEIGHBORHOOD

Prevent **Protect** **Report**

County of San Diego Vector Control Program
5570 Overland Ave., Suite 102 | San Diego, CA 92123
PHONE (858) 694-2888 | EMAIL vector@sdcounty.ca.gov

5-10 / 15,000

FIGHT theBite

PROTECT YOURSELF, YOUR FAMILY AND YOUR NEIGHBORHOOD

West Nile Virus

Get the facts and join the fight!

SDFightTheBite.com

For more info, call (858) 694-2888

WEST NILE VIRUS
IT'S HERE IN SAN DIEGO COUNTY

DESPITE ITS NAME, WEST NILE VIRUS IS COMMON THROUGHOUT THE UNITED STATES AND HAS BEEN PRESENT IN SAN DIEGO COUNTY SINCE 2003.

Prevent!

Stop Mosquito Breeding Locations Around Your Home

Protect!

KEEP MOSQUITOES FROM BITING

- Use a mosquito repellent at dawn and dusk
- Repellents containing DEET, Oil of Lemon Eucalyptus, Picaridin and IR3535 are effective and safe for everyone 2 months and older
- Wear long sleeves and long pants outside at dawn and dusk
- Dawn and dusk are when mosquitoes are most active
- Check for and repair holes in window and door screens often

Report!

STOP OUTBREAKS BEFORE THEY START

- **DEAD BIRDS**
  such as crows, hawks and jays to be tested for West Nile Virus
- **GREEN SWIMMING POOLS**
  and other standing water in your neighborhood. We treat them free of charge – and you can report anonymously
- **MOSQUITOES**
  treatment for mosquitoes is free

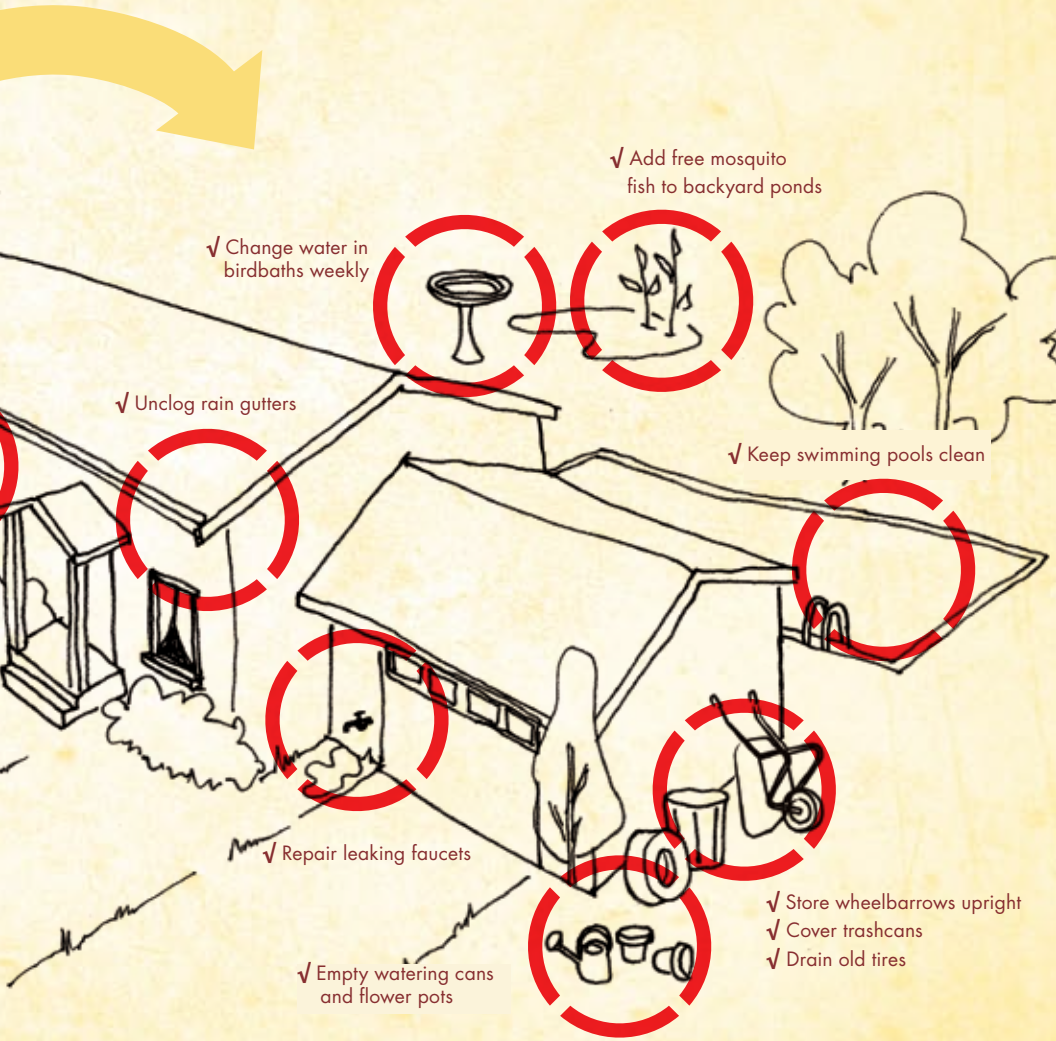
Call (858) 694-2888
or visit SDFightTheBite.com

For more info, call (858) 694-2888

Quick Facts

WEST NILE VIRUS CAN BE A SERIOUS – AND SOMETIMES FATAL – DISEASE

- West Nile Virus affects people of all ages
- Antibiotics and other drugs don't work against WNV
- There is no cure or vaccine for WNV
- There may be no full recovery from WNV



DON'T FORGET!

Request free mosquito control around your home – it's safe for people and pets. *Call Vector Control (858) 694-2888*

or visit **SDFightTheBite.com**