COUNTYWIDE SERVICES (Continued)

RESIDENTIAL SERVICES

•▲ Mental Health Systems (MHS)
Family Recovery Center
(Accepts women w/children up to age 10)
1100 Sportfisher Drive
Oceanside, CA 92054
(760) 439-6702

•▲ McAlister Institute for Treatment and Education (MITE) – KIVA
(Accepts women w/children up to age 12)
2049 Skyline Drive
Lemon Grove, CA 91945
(619) 465-7303

•▲ McAlister Institute for Treatment and Education (MITE) – Perinatal Detox
2049 Skyline Drive
Lemon Grove, CA 91945
(619) 465-7303

•▲ North County Serenity House
Serenity Center
1341 N. Escondido Boulevard
Escondido, CA 92026
(760) 747-1015
(760) 741-5098 (bed availability)

▲ Turning Point
1315 25th Street
San Diego, CA 92102
(619) 233-0067

CASE MANAGEMENT

ParentCare Perinatal Case Management
(619) 668-4260

CalWORKs Case Management
(619) 224-1673

Public Health Nursing Home Visiting Services
To make a referral, please call one of the following:
North Coastal/Oceanside (760) 967-4401
North Inland/Escondido (760) 740-4000
North Central/Kearny Mesa (858) 573-7300
Central/Mid City (619) 229-5400
East/El Cajon (619) 441-6500
South/Chula Vista (619) 409-3110

COUNTY OF SAN DIEGO
HHSA
HEALTH AND HUMAN SERVICES AGENCY

OTHER SERVICES AND INFORMATION

Alcohol and Drug Services (ADS)
Administration (619) 563-2700
Visit our website at http://www.sdads.org

Access & Crisis Line
1 (888) 724-7240 toll-free

Info Line – Dial 211

All programs listed in this pamphlet receive funding by contract with the County of San Diego. Services are provided without discrimination on the basis of age, sex, race, disability or inability to pay. Bilingual (Spanish) services are available. Client fees are waived for Medi-Cal certified services. Services are not denied if the individual is unable to pay. ***Programs are organized by region, but may be sought at any location.***

BOARD OF SUPERVISORS

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Nick Macchione, Director
Health and Human Services Agency

Alfredo Aguirre, Director
Behavioral Health Division

Susan Bower, Director
Behavioral Health Operations

County of San Diego
Health and Human Services Agency

ALCOHOL and DRUG SERVICES
3255 Camino del Rio South
San Diego, CA 92108

DIRECTORY OF W♀MEN'S SERVICES

Mission Statement:
Lead the County of San Diego in reducing alcohol and other drug problems through

"A woman is the full circle. Within her is the power to create, nurture and transform." Diane Mariechild, Author

WOMEN'S PROGRAMS

The County of San Diego offers substance abuse treatment and recovery programs to meet the special needs of women. These programs are for women with children, women without children and pregnant women and teens.

Treatment programs for women are located all over the County with many services available.

Some of these services for participants may include:

- Free childcare onsite
- Low-cost services
- Free services for people with Medi-Cal
- Transportation to and from services
- Case managers that provide support and referrals
- Residential treatment and recovery programs
- Spanish-speaking staff
- Work preparation activities
- Classes for improving self-esteem, parenting, life skills and healthy relationships

▲ Wheelchair Accessible
• Spanish/Bilingual Services Available

Programs are organized by region however, **SERVICES MAY BE SOUGHT AT ANY LOCATION.**

CENTRAL

NON-RESIDENTIAL SERVICES

▲ Catholic Charities, Inc.
(Recovery Drop-in)
Rachel's Women's Center
759 8th Avenue
San Diego, CA 92101
(619) 696-0873

•▲ Mental Health Systems (MHS)
Harmony Women's Recovery Center
6154 Mission Gorge Road, Suite 120
San Diego, CA 92120
(619) 285-1718

▲ San Diego Youth Services (SDYS)
Teen Options
(Pregnant & Parenting Adolescents)
3660 Fairmount Avenue
San Diego, CA 92105
(619) 521-2250

•▲ Vista Hill Foundation (VHF)
ParentCare Central Family Recovery Center
4125 Alpha Street
San Diego, CA 92113
(619) 266-0166

EAST

NON-RESIDENTIAL SERVICES

•▲ Vista Hill Foundation (VHF)
ParentCare East Family Recovery Center
4990 Williams Avenue
La Mesa, CA 91941
(619) 698-1663

NORTH

NON-RESIDENTIAL SERVICES

•▲ Mental Health Systems (MHS)
Family Recovery Center
1100 Sportfisher Drive
Oceanside, CA 92054
(760) 439-6702

•▲ North County Serenity House
Serenity Too
130 Fig Street
Escondido, CA 92025
(760) 741-5098

SOUTH

NON-RESIDENTIAL SERVICES

•▲ McAlister Institute for
Treatment and Education (MITE)
South Bay Women's Recovery Center
2414 Hoover Street
National City, CA 91950
(619) 336-1226

COUNTYWIDE SERVICES

RESIDENTIAL SERVICES

▲ CRASH – Short Term II
2410 E Street
San Diego, CA 92102
(619) 234-3346

▲ Crossroads
3594 Fourth Avenue
San Diego, CA 92103
(619) 296-1151

•▲ MAAC Project – Casa de Milagros
1127 South 38th Street
San Diego, CA 92113
(619) 262-4002