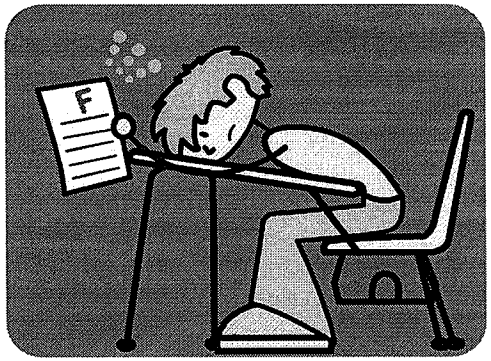
"The solution to adult problems tomorrow depends on large measure upon how our children grow up today."
-- Margaret Mead, Anthropologist

WHATEVER YOU DO,
DON'T GIVE UP



That child who upsets you so much is the same little boy or girl who, only yesterday, gave you such joy. They are in way over their heads, and they never needed you quite as much as they need you now. No matter what they say

--The Partnership for a Drug-Free America

ADS (10-29-12)

COUNTY OF SAN DIEGO
HHSA
HEALTH AND HUMAN SERVICES AGENCY

All programs listed in this pamphlet receive funding by contract with the County of San Diego. Services are provided without discrimination on the basis of age, sex, race, disability, or inability to pay. Bilingual (Spanish) services are available. Client fees are waived for Medi-Cal eligible persons participating in Medi-Cal certified services. Services are not denied if the individual is unable to pay. ***Programs are organized by region but may be sought at any location.***

BOARD OF SUPERVISORS

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Health and Human Services Agency

Alfredo Aguirre, Director
Behavioral Health Division

Susan Bower, Director
Behavioral Health Operations

County of San Diego Health and Human Services Agency

ALCOHOL AND DRUG SERVICES
3255 Camino Del Rio South
San Diego, CA 92108
(619) 563-2700
http://www.sdads.org

Access & Crisis Line
1 (888) 724-7240

Mission Statement:

Lead the County of San Diego in reducing alcohol and other drug problems through community engagement

DIRECTORY OF ADOLESCENT SERVICES

ADOLESCENT PROGRAMS

Adolescent programs provide substance abuse treatment for adolescents and their families. Outpatient services, crisis intervention, and residential treatment services are offered in our urban and rural communities.

Program Goals:

- Provide developmentally appropriate substance abuse treatment services for adolescents throughout the County
- Increase access to care by reducing wait times to entering programs
- Help youth reach their full potential by ensuring 35% of participants either complete program and/or demonstrate progress
- Promote self-sufficiency by ensuring at least 90% of participants either remain in school and/or educational setting
- Contribute to the decrease in crime by ensuring 90% of participants have no new arrests

CENTRAL

NON-RESIDENTIAL SERVICES

McAlister Institute (MITE)
North Central Teen Recovery Center
7867 Convoy Court, Building #5, Suite 302
San Diego, CA 92111
Tel: (858) 277-4633 Fax: (858) 277-4933

Palavra Tree
Central South Teen Recovery Center
1212 South 43rd Street, Suite C
San Diego, CA 92113
Tel: (619) 263-7768 Fax: (619) 262-5040
Satellite Program
2878 Imperial Avenue
San Diego, CA 92102
Tel: (619) 238-7393 Fax: (619) 696-0492

NON-RESIDENTIAL SERVICES (cont'd)

Palavra Tree
Central North Teen Recovery Center
4001 El Cajon Boulevard, Suite 206
San Diego, CA 92105
Tel: (619) 280-2300 Fax: (619) 280-2345

San Diego Youth Services (SDYS)
Teen Options
(Pregnant & Parenting Adolescents)
3660 Fairmount Avenue
San Diego, CA 92105
(619) 521-2250

Union of Pan Asian Communities (UPAC)
(Drug Medi-Cal only)
3288 El Cajon Boulevard, Suite 13
San Diego, CA 92104
Tel: (619) 521-5720 Fax: (619) 521-5728

EAST

NON-RESIDENTIAL SERVICES

McAlister Institute (MITE)
East County North Teen Recovery Center
550 Fesler Street, Suite G-3
El Cajon, CA 92020
Tel: (619) 588-5361 Fax: (619) 588-5421

McAlister Institute (MITE)
East County South Teen Recovery Center
7800 University Avenue, Suite A-1
La Mesa, CA 92115
Tel: (619) 465-4349 Fax: (619) 465-4739

NON-RESIDENTIAL SERVICES (cont'd)

NORTH

Mental Health Systems, Inc. (MHS)
North Inland Teen Recovery Center
340 Rancheros Drive, Suite 166
San Marcos, CA 92069
Tel: (760) 744-3672 Fax: (760) 744-6182

McAlister Institute (MITE)
North Rural Teen Recovery Center
323 Hunter Street
Ramona, CA 92065
Tel: (760) 788-6520 Fax: (760) 788-4790

Phoenix House of San Diego
North Coastal Teen Recovery Center
785 Grand Avenue, Suite 220
Carlsbad, CA 92008
Tel: (760) 729-2830 Fax: (760) 729-2798

SOUTH

NON-RESIDENTIAL SERVICES
McAlister Institute (MITE)
South Bay East Teen Recovery Center
2429 Fenton Street, Building 5
Chula Vista, CA 91914
Tel: (619) 482-9300 Fax: (619) 482-9333

COUNTYWIDE

RESIDENTIAL SERVICES

McAlister Institute (MITE)
Adolescent Group Homes
Tel: (619) 442-0277 ext. 121
(Call for locations)

Phoenix House Academy of San Diego
23981 Sherilton Valley Road
Descanso, CA 91916
Tel: (619)445-0405X4671Fax: (619) 445-9028