San Diego County Psychiatric Hospital is located at 3853 Rosecrans Street. It is part of the County's Health Services Complex. It is just west of Rosecrans and Pacific Highway, near San Diego's Old Town.

Bus Routes 4 and 6 serve the hospital directly, and routes 9, 29, 34 and 35 stop at the corner Midway and Rosecrans, about 3 blocks away. Call (619) 233-3004 for bus route information.

IMPORTANT TELEPHONE NUMBERS

Emergency Psychiatric Unit-A..... 692-8222
Unit C, Crisis Recovery Unit 692-8225
Unit D, Crisis Recovery Unit 692-8227
Hospital Administration 692-8232
Financial Eligibility Worker..... 692-5612
Patient Advocate .....(619) 282-1134
..... and (800) 479-2233

ACCESS & CRISIS LINE
From County Toll areas.....1-800- 479-3339
TDD for the hearing impaired.....(619) 641-6992

County of San Diego – Health and Human Services Agency –Behavioral Health Services – Inpatient Health Services

HHSA:MHS-251 (09/2010)

Board of Supervisors:
Greg Cox, *District 1*
Dianne Jacob, *District 2*
Pam Slater-Price, *District 3*
Ron Roberts, *District 4*
Bill Horn, *District 5*
CHIEF ADMINISTRATIVE OFFICER:
Walter F. Ekard

San Diego County Psychiatric Hospital
3853 Rosecrans Street
San Diego, CA 92110-3115

County of San Diego
Health and Human Services Agency
Behavioral Health Services
Inpatient Health Services

San Diego County Psychiatric Hospital

3853 Rosecrans Street
San Diego, CA 92110-3115
(619) 692-8200

AN INTRODUCTION TO THE HOSPITAL

The San Diego County Psychiatric Hospital (SDCPH) is a publicly funded, free-standing psychiatric hospital. It is a locked facility and a component of the San Diego County Behavioral Health Services' continuum of care. The mission of the Hospital is to provide psychiatric evaluation and crisis intervention-oriented acute treatment for adult residents of San Diego County. The goal of the Hospital is to help patients deal with a mental health crisis, become stabilized, and move ahead to a less restrictive level of care.

HOSPITAL OVERVIEW

ADMISSION

Persons may be admitted on either a voluntary or involuntary basis. Admission to the hospital is based on the Lanterman-Petris-Short (LPS) Act, a California state law regulating involuntary psychiatric detention. To be admitted, a person must be determined to have a mental disorder and be a danger to self, or a danger to others, and/or gravely disabled (unable to provide for one's own food, clothing or shelter due to a mental disorder). Patients admitted on a voluntary basis must meet the same criteria.

Decisions about admission are made in the Emergency Psychiatric Unit of the Hospital by board-certified or board-eligible psychiatrists. People needing care, and not meeting the criteria for admission, may be referred to other resources in the community.

TREATMENT

Using a combined medical, biopsychosocial and rehabilitation model, the Treatment Teams are lead by a psychiatrist and include social workers, nurses, recreation therapists, dietitians and pharmacists.

The Hospital operates a continuum of care including the Crisis Recovery Unit (CRU) for adult acute inpatient services and the Emergency Psychiatric Unit (EPU) for psychiatric emergencies.

Walk-in outpatient crisis services are no longer located at the hospital; they have been decentralized and are now available in all regions of the County. To find your nearest location contact the Access and Crisis Line at 1-800- 479-3339.

Treatment includes use of techniques for improving each person's skills in managing his/her own medication, understanding and recognizing his/her symptoms, and developing improved social skills. Supportive counseling is offered to individual patients as appropriate.

PHARMACY

Located immediately adjacent to the Hospital is the San Diego County HHSA Pharmacy. The Pharmacy provides medication to both inpatients of the CRU as well as ambulatory patients of EPU. The Pharmacy Services maintains a stock of the latest medications approved in the Medi-Cal formulary to ensure that our clients receive the highest level of medicinal care.

WORKING WITH A PATIENT'S FAMILY

When possible, Hospital staff members work closely with the patient's family. With the patient's permission, family members or significant others are invited to family conferences. There is a weekly family support group available to families. Family involvement helps create a supportive patient-family relationship. In addition, it provides emotional support for those not involved in the patient's on-going care and helps educate them about mental illness and related issues. It is also believed that family involvement can help prevent later re-hospitalizations for the patient.

DISCHARGE AND AFTERCARE

Discharge planning is an integral part of the continuum of care that begins with the initial evaluation. It is chiefly the responsibility of the Social Work staff, with input from other clinical staff involved with the patient. In accordance with California State Mental Health regulations, patients will be treated at the least restrictive level of care compatible with their functioning. Patients are referred to all appropriate community resources.

FINANCIAL ELIGIBILITY

There is a charge for hospital services. However, no one is denied treatment because of an inability to pay. Patients with limited resources may be eligible for Medi-Cal or Medicare, or Short-Doyle Medi-Cal funding. Payment of the hospital bill is based on income, family size and assets under a state formula called UMDAP (Uniform Method of Determining Ability to Pay). Patients are referred to an eligibility worker to help with completing the necessary financial forms.

ACCREDITATION/LICENSURE

The San Diego County Psychiatric Hospital meets the strict accreditation standards of the California Department of Public Health, Licensing and Certification Division, The Joint Commission, the Center for Medicare and Medicaid Services (CMS) and California State Department of Mental Health. The facility is administered by the County of San Diego Health and Human Services Agency, Behavioral Health Services, under its division of Inpatient Health Services.

CONFIDENTIALITY AND NON-DISCRIMINATION

All patients are guaranteed the right of strict confidentiality in accordance with provisions of both state and federal laws. Additionally, pursuant to Title VI of the Civil Rights Act of 1964, Section 5604 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1992, San Diego County Psychiatric Hospital does not discriminate on the basis of race, color, national origin, handicap, disability or age. Patients and family may receive consultation from the Hospital's Ethics Committee and/or the Patient Advocate. For further information or to file a complaint, contact the Hospital Administrator, (619) 692-8211 or 692-8232.

VISITING HOURS AND POLICIES

Regular visiting hours are 7-8:15 PM on week days. On Saturday, Sunday and holidays, visiting hours are 1-3 PM and 7-8:15 PM. Patients may have two visitors at a time. Occasionally, the psychiatrist may not allow visitors until patient is ready. Also, patients may request not to have certain visitors. Persons under age 18 may visit when special arrangements are made with the treating staff. We are a non-smoking facility.

FAMILY SUPPORT GROUP

The family support group meets every Tuesday (except on holidays) from 5:00 pm to 6:30 pm in the Administration Conference Room located in the SDCPH Administration Building.