Building Better Health

Healthy

Safe

Thriving

County of San Diego

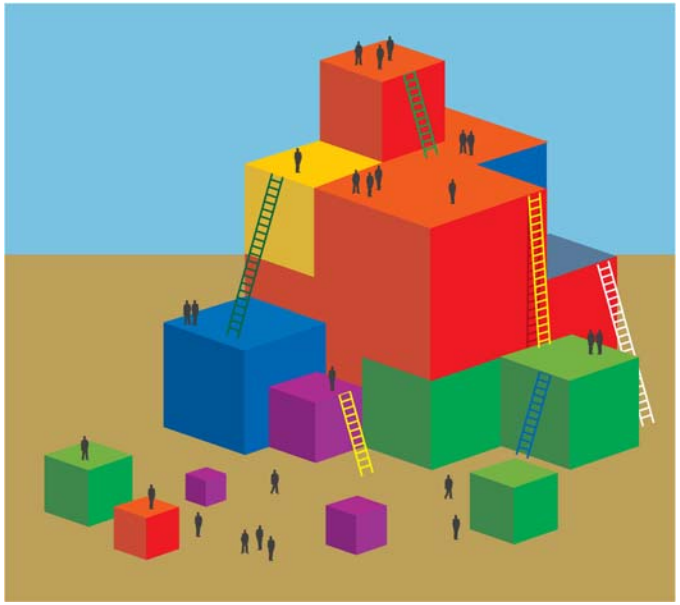
COUNTY VISION

A County that is

Healthy, *Safe*, and *Thriving*

HEALTH STRATEGY AGENDA

Building
Better Health



BACKGROUND

Prevention

Access

Care & Treatment

BUILDING THE PLAN

Better System

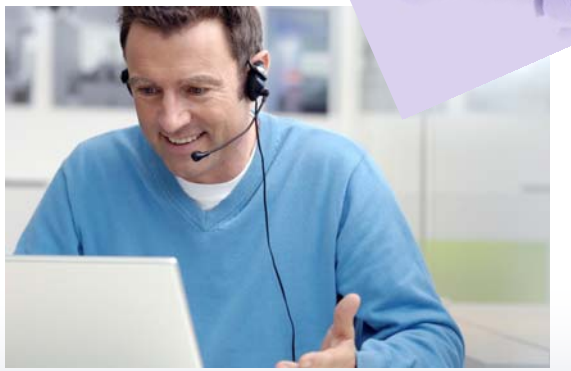
Healthy Choices

Policy & Environmental Change

Culture Change

Building a Better System

1. Quality and efficient care
2. Access to Care
3. Improve systems



Supporting Healthy Choices

1. Healthy eating
2. Active living
3. Tobacco and drug free lives

Pursuing Policy Changes for a Healthy Environment

1. Access to healthy foods
2. Active communities
3. Tobacco and drug free communities

Changing the Culture From Within

1. Increase knowledge
2. Promote wellness
3. Implement policies and practices to support health

HOW will we know we made a difference?

MEASURING SUCCESS

- Develop framework
  - Recognize success looks different
  - Evidence based
  - Seek input

By **2020**, the County of San Diego will deliver cost-effective, integrated services that lead to people and communities that are:

Healthy, Safe, and Thriving

Next Steps

ACTIONS
Implement strategies for Building Better Health
Develop plan for Safe Communities
Develop plan for Thriving Communities

Building Better Health